



# Love & Light

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## L&L Reader Profile

**Jacqui.**  
**Enter PIN 7108**  
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Jacqui became one of the Circle of Professional Clairvoyant's very first readers in

1999. She has a unique way of being able to talk with clients as if they are close friends she has known for years. Softly spoken, Jacqui's words are kind and reassuring, yet she is able to get right to the heart of any matter and offer kind yet positive guidance. Once you have spoken to Jacqui you will feel happier, more confident and be aware of the path your future will take.

**Luke.**  
**Enter PIN 7137**  
**when prompted**

Luke is a seer and highly intuitive reader and a practicing shaman with a large

following of regular clients. Many of Luke's clients book appointments well in advance simply to be certain of having a reading with him because of his popularity. Extremely likeable, Luke is one of the Circle's top, and most requested readers. Should you have a reading with Luke, we are certain that you will soon be calling him back for further readings.

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## Imbolc L&L

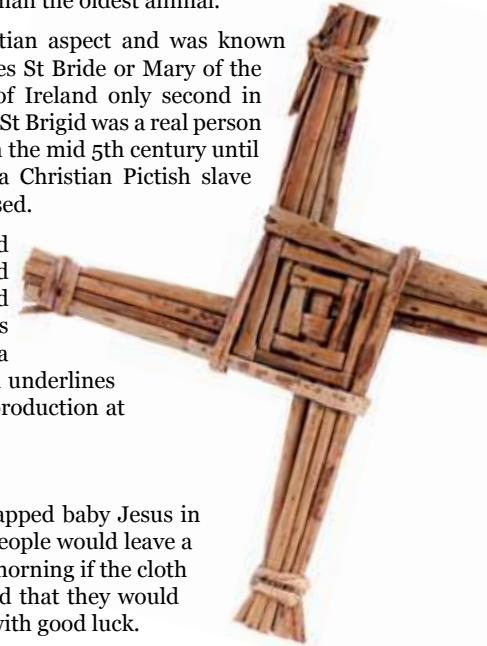
Imbolc is the first of four great Celtic festivals throughout the year, falling in early February. The Celtic name Imbolc means lactation and the event celebrates the first lambs born in the fields and ewes beginning to lactate. Daylight hours grow longer and dairy products like milk become available again. Whilst this does not seem so significant now in previous centuries the availability of milk could have meant the difference between life and death for some, particularly the elderly and children. In Pagan traditions fresh milk is poured on to the ground to pay tribute to Mother Earth and to request fertility for the coming season.



This time of year was seen by the Celts to be one of purification, the festival involved lighting fires in honour of Brigid whose name came from an Irish epithet Brid meaning Bright One. Brigid was actually second in her role, taking over from Cailleach Bheur who was a supernatural woman older than the oldest animal.

Brigid took on a Christian aspect and was known as St Brigid, or sometimes St Bride or Mary of the Gael. The patron saint of Ireland only second in importance to St Patrick. St Brigid was a real person who lived in Ireland from the mid 5th century until 525ce, her Mother was a Christian Pictish slave that St Patrick had baptised.

Legend says that St Brigid was unable to eat food prepared by her Druid stepfather until she was given cow milk from a Christian woman. Which underlines the importance of milk production at this time.



There are other St Brigid stories:

She was acclaimed as the midwife to Virgin Mary who wrapped baby Jesus in swaddling clothes. As such in Ireland on the 1st February people would leave a piece of cloth outside of their homes in her honour. In the morning if the cloth was marked they believed that St Brigid had passed by and that they would therefore be blessed with good luck.

When Brigid washed her clothes she hung them on a sunbeam, which would solidify and shine warmly until her clothes were dry. Lucky charm crosses are still fashioned today from weaving rushes, straws or paper to resemble the four sunbeams. Hanging such as sunbeam cross on your door should provide purification, protection and good fortune to the home.

A sacred flower of this season is the snowdrop, its Latin name is Galanthus Nivalis which means milk flower of the snow, reiterating that snowdrops appear at the first milk of lactating ewes.



**A** butterfly is one of the most beautiful things imaginable. Intricate patterns of most wonderful colours are displayed on its wings...Yet a butterfly is so delicate and precious.

Every now and again during our own human lifetime a butterfly will land on our open palm. We can gaze upon its beauty and admire it, as it gently and trustingly displays its outstretched wings before us. Should we leave our palms open, the butterfly may float away unharmed, or it may stay a while. Should the butterfly leave unharmed, it can return.

However, clench your fist and something which is so beautiful and delicate will be destroyed forever, never to return.

The next time you fall in love, think of your lover as that butterfly. Let the butterfly be free, to come and go as he or she chooses and something beautiful and delicate will stay with you. Try to possess and own your lover, and love will eventually be destroyed.

If you're looking for relationship advice from a psychic, you need to make certain the psychic specialises in relationships or has a good psychic connection to you. For those who haven't used a psychic previously, look for one that offers a speciality in relationships and comes with good testimonials.

Before you have the reading have a clear picture in your head of what you want to know. If you're

looking for Mr. or Ms. Right, do you want to find out if you'll meet them immediately or simply find out if you'll ever meet them? If you're already in a relationship, do you want to know if he or she is THE ONE or is there a problem with an existing relationship you want to evaluate? While a psychic can read many things, asking the right question will cut to the chase and save valuable time you can use working on other questions you may have.

Concentrate for a few minutes to see if you have the answer in your own head. While you may be crazy about the gal or guy you're dating, is there a

reason you can't quite commit to the relationship? If you can't come up with the answer on your own, it's an excellent question for the psychic.

Do you have a problem with a cheating partner or simply have suspicions?

Ask a direct question and don't beat around the bush. Once you ask directly whether your loved one is frolicking behind your back, make certain you're prepared for an answer you don't want to hear. Your vague suspicions could be correct. You might be surprised by their honest opinion.

Don't be afraid to state you're requesting a reading for love & relationships. You could hold a personal item from your lover in your hand while you get your psychic reading. It may give you a better connection to your loved one in your own mind and the psychic can pick up on this.



## Boost your confidence with a Clairvoyant Reading

A lack of confidence often stems from insecurities about how others will react to your words, your appearance or actions. In other words, lacking confidence comes from not knowing the future. Wouldn't it be nice for example if you could simply see how others will react before you spoke? In a manner of speaking, that's what clairvoyants do. The word, clairvoyant is derived from a combination of two French words and literally means "clear vision." That's because the clairvoyant sees clearly into the future.

A clairvoyant may be able to help you gain confidence in several areas of your life, for example if you suffer from the office bully constantly putting you down, it won't matter how you change your speech, dress or action, the bully will continue to chide and make fun of you. Instead of telling you to do something or change something about yourself the clairvoyant can help you understand the bully and by doing that enable you to take charge and control their behaviour towards you.

Clairvoyants can see what other people think and say when you're not in the room. If people give you no inclination of their impression of you, it can leave you feeling that they'll discuss it once you're not in their presence, which can lead to you assuming the feedback is negative. But that may not be the case, sometimes people are reluctant to give praise or just feel uncomfortable expressing feelings. Some may believe it makes them look less authoritative. Learning that their silence may be acceptance or just their own personality shortcomings should help to bolster your own confidence. You may be surprised how many people feel as insecure as you do.

If however your self-doubting is more related to whether to proceed in a romantic venture, it can be an enormous help to involve the talents of a clairvoyant. While you might think your new love is perfect, the

clairvoyant can see them for whom they really are. In some cases, they will be the right person for you. But in other cases it may be that the match isn't one made in heaven; but that is not to say that it won't become a great friendship. Unfortunately when you are in a vulnerable state due to low confidence there is an opportunity for a partner to take advantage which could cause a great deal of unhappiness in your future, your psychic would be able to warn of these signs early on in the romance, giving you the chance to remedy the situation. Knowing all of this information can give you the confidence on how to proceed with these special relationships.

Whatever your concerns – romance, career, life balance and so on a clairvoyant can see how things end if you continue in the same pattern as you're travelling. If they see futility, they can give you a "heads up" and you might reconsider some of the steps you're taking. Making a few small adjustments along the path can make huge differences to the outcome and your happiness. In fact, just knowing you're travelling the right path can keep you motivated and excited about your job, love life and more...Which turns into confidence and ultimately success.



Here is a selection of Self-Help Books that may help.

**Shrove Tuesday (12th February)** is the day before Lent starts, it's a day of penitence, to clean the soul, and a day of celebration as the last chance to feast before Lent begins. Shrove Tuesday gets its name from the ritual of shriving that Christians used to undergo in the past. In shriving, a person confesses their sins and receives absolution for them. When a person receives absolution for their sins, they are forgiven for them and released from the guilt and pain that they have caused them. In the Catholic or Orthodox context, the absolution is pronounced by a priest.

Shrove Tuesday is sometimes called Pancake Day. It is the last chance to indulge yourself, and to use up the foods that aren't allowed in Lent. Pancakes became associated with Shrove Tuesday as they were a dish that could use up all the eggs, fats and milk in the house with just the addition of flour.



**Ash Wednesday (13th February)** is the beginning of Lent for Western Christian churches. Roman Catholic, Anglican, and some other churches hold special services at which worshippers are marked with ashes as a symbol of death and sorrow for sin. The ashes used on Ash Wednesday are made by burning the palm crosses that were blessed on the previous year's Palm Sunday. Palm Sunday celebrates Jesus's triumphant entry into Jerusalem, so when the crosses used in the Palm Sunday service are converted to ashes, the worshippers are reminded that defeat and crucifixion swiftly followed triumph.

**Lent** is the period of 40 days which comes before Easter in the Christian calendar. Beginning on Ash Wednesday, Lent is a season of reflection and preparation before the celebrations of Easter. By observing the 40 days of Lent, Christians replicate Jesus Christ's sacrifice and withdrawal into the desert for 40 days. Lent is marked by fasting, both from food and festivities.



## Valentine's Day

**(14th February)** The history of Valentines Day and it's patron saint is clouded in mystery, we know that February has long since been a month of romance and that the day contains vestiges of both Christian and ancient Roman traditions. The Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred. Whatever the legend, Valentine seems to be a heroic, sympathetic and romantic figure. By the middle ages he was one of the most popular saints in England and France. In Great Britain, Valentines Day began to be celebrated around the seventeenth century. It became common place for friends and lovers to exchange small tokens of affection or hand written notes.



Ref: BBC & National Museum Wales

**St David's Day (1st March)** St David's Day is celebrated in Wales on 1 March, in honour of Dewi Sant or St David, the patron saint of Wales. Little is known about him for certain. What little information we have is based on an account of his life written by Rhigyfarch towards the end of the 11th century. According to this Latin manuscript, Dewi died in the year 589. His mother was called Non, and his father, Sant, was the son of Ceredig, King of Ceredigion. After being educated in Cardiganshire, he went on pilgrimage through south Wales and the west of England, where it is said that he founded religious centres such as Glastonbury and Croyland. He even went on a pilgrimage to Jerusalem, where he was made archbishop. He eventually settled at Glyn Rhosyn (St David's), in south-west



Wales, where he established a very strict ascetic religious community. From the 12th century onwards, Dewi's fame spread throughout South Wales and as far as Ireland and Brittany. St David's Cathedral became a popular centre of pilgrimage, particularly after Dewi was officially recognised as a Catholic saint in 1120. From this period on, he was frequently referred to in the work of medieval Welsh poets such as Iolo Goch and Lewys Glyn Cothi.

**St Patrick's Day (17th March)** Saint Patrick wasn't born Irish or born Patrick; he was actually born in Roman Britain and was given the name Patrick when he became a Bishop in Ireland. His birth name was Maewyn Succat. Saint Patrick was born around 390 A.D. and died on the 17th March 461 A.D. He was kidnapped and became a slave in Ireland at the age of 16, but escaped after six years and later returned to Ireland as a missionary, after having a visionary dream. He brought Christianity to Ireland, used the shamrock to explain the Holy Trinity and converted the Irish to this religion, which is now the iconic symbol of Ireland. One of his famous pieces of writing that survived was the Confessio, a spiritual autobiography of his life in the British Isles during the time of slavery, escaping and returning back to Ireland.



**Vernal/Spring Equinox (20th March)** Spring equinox marks the beginning of daylight increasing until the amount of daylight becomes longer in relation to the hours of night, culminating in Summer Solstice, the longest day of the year. Sometimes the phrase Vernal Equinox is used instead, taken from the Latin word vernare meaning to bloom. Many spring plants have a version of this in their name for example the sweet pea or *Lathyrus vernus*.



**British Summertime Begins (31st March)** In the UK the clocks go forward 1 hour at 1am on the last Sunday in March, and back 1 hour at 2am on the last Sunday in October. The period when the clocks are 1 hour ahead is called British Summer Time (BST). There's more daylight in the evenings and less in the mornings (sometimes called Daylight Saving Time). When the clocks go back, the UK is on Greenwich Mean Time (GMT).

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